Strategic Planning Exercise: SAMH East, non-residential programs

Outcomes :

1. Continue to make outreach a major component in East Region.

Attend local community events, set-up tables, attend school orientations, and prepare packets for school teachers, resource officers, deans, and counselors.

Schedule appointments that are convenient for px’s.

Send letters or call day before to remind px’s of appointments.

Be on time for all appointments…be prepared prior to appointment time.

1. Complete a thorough intake….be patient with participant and explain informed consent. Ensure px is literate.

Truly let the individual plan be developed with px’s input, listen to participant, and value their opinions, individuality, and diversity.

1. We will listen and repeat/reflecting listening.

We will welcome families and engage supportive collateral contacts.

We will encourage/assist participants to identify healthy supportive contacts.

Get release of information paperwork signed so that we as counselors can actively involve the support persons.

We will explain the benefits of supportive relationships to both participants and support persons.

1. We will assist the participant to verbally identify his/her internal and external supports.

Provide a journal so that px’s can write their identified supports.

Transition plan will be written by counselor and provide a copy to all participants.

Ensure plan is individualized and has viable options in the event of relapse.

We will ensure the counselor is aware of px’s next 6-mos goals/life plans to ensure we are able to idenitify appropriate supports and prevention/intervention measures.