

MISSION

“Strengthening Communities
by Building Strong Families”

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PROGRAMS

Youth Shelters

Programs for youth in crisis

Counseling

Services for troubled youth
and
their families

Prevention

Educating the community,
focusing on substance
abuse, and reducing juvenile
crime with a focus on
high-risk youth



January 25, 2013

Dear Community Partner:

Enclosed please find a copy of the CDS Family & Behavioral Health Services, Inc. 2012 Annual Report and an invitation to Spotlight on Youth.

In April, CDS was reaccredited for another 3 years by the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF represents an industry standard of excellence and our staff worked diligently to retain this achievement.

In the Fiscal Year ending June 30, 2012 of the youth who received services in our residential program, Interface Youth Program, 100% were not adjudicated while working with our staff and 97.3% completed our shelter program.

In our non-residential program, Family Action 97.7% of youth served successfully completed services.

Prevention Services provided evidenced based programs to 961 youth who averaged a 28% increase from pretest to posttest scores

Last year in our Interface Youth Program, 939 satisfaction surveys were completed by parents and youth with 92% reporting overall satisfaction with services received. In our Family Action Programs, 100% of 46 parents and 98% of 66 youth completing surveys reported overall satisfaction with services.

Finally, we are proud that our 2012 Stakeholders survey revealed that 100% of those responding answered Strongly Agree or Agree to the following statement: “CDS has a good working relationship with our organization.”

We are deeply grateful for your support of our efforts to:
Strengthen Communities by Building Strong Families.

If I may be of service to you, do not hesitate to contact me at
352-244-0628 or jim_pearce@cdfsfl.org.

Sincerely,

Jim Pearce
CEO



Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; State of Florida, Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions

CDS Family & Behavioral Health Services, Inc.



2012 ANNUAL REPORT

January 25, 2013

www.cdsfl.org

3615 SW 13th Street, Suite 4
Gainesville, FL 32608

(352) 244-0628

CELEBRATING SUCCESS!

2013 marks the 43rd year that CDS has provided services to area youth and families. During these four decades thousands have been assisted in countless ways.



Jim Pearce
CEO

H. Thomas Lane, Jr.
Board President

While we may at times fall short, 100% success will always be our goal. The great majority of families and youth who receive help from CDS do make meaningful and lasting change. For example, most of the youth who are served in our Interface residential programs or our Family Action community services, do not continue with behaviors that would bring them into contact with

the Juvenile Justice system. They are re-united with their families, continue in school, and grow into successful contributing adults.

I am reminded of a police officer and a protective services investigator. Both of them received assistance from CDS as youth. Like many teenagers each faced choices which could have had long term negative impacts on both them and their community. With support from CDS each was able to stay on a productive path.

These are just two examples of the hundreds of youth who continue in school, graduate, and work towards careers which contribute to our communities.

We hope you join us in celebrating all youth who have struggled with high risk behaviors, who with a little help, make the right life choices and become promising young adults.

Jim Pearce
Chief Executive Officer

H. Thomas Lane, Jr.
Board President



2012 Highlights:

- **869** youth were served through Family Action Counseling and the Interface Youth Program Shelters
- **100%** of youth remained crime-free while at Interface
- **36** young adults are completing their High School diplomas and **41** are pursuing education beyond high school after aging out of foster care with the help of CDS Independent Living Program. **3** are in graduate school!
- **22,301** people learned about CDS at outreach events
- **79 volunteers** contributed a total of **3,366** hours to CDS

CDS Interface Youth Shelter

Interface – Residential Services

Interface Youth Shelter-East in Palatka was selected for a “Team Depot” project “Stepping Up for Youth.” During the summer of 2012, the Home Depot Foundation provided a \$7,000 grant to make improvements for outside activities for our participants at Interface East. The projects completed included a new in-ground basketball goal, a garden, a landscaped picnic area, and a walking/exercise path. CDS is grateful to the more than 30 “Team Depot” volunteers who participated to make this dream a reality!



IYP-East—New Vegetable Garden—Thanks to Team Depot!

100% of youth remained crime free while at Interface

**“I love CDS.
This is my second home family.”
-An Interface Youth**

IYP-East Team Depot Volunteers building a path and bench for Interface participants!



**“I would like to thank Interface.
It is a safe place where a child can go when things are not good.”
-Parent of Interface Participant**

Major Accomplishments in 2012:

- Interface provided residential services to a total of 495 youth at three Interface Shelters (Gainesville, Palatka, & Lake City)
- Average length of stay at Interface was 20 days
- 97% of youth successfully completed the program
- Of those completing surveys 95% of parents and 93% of youth expressed overall satisfaction with the program

IYP-East—Team Depot Volunteers enjoy a lunch break during the building project.



Cindy Starling and Carrie Cordell Interface-East

***RACHEL’S Success Story at Interface**

Rachel was brought to Interface Youth Program for residential counseling services due to being in continuous conflict with her mother’s boyfriend. Rachel and her mother agreed that voluntary counseling services would potentially help decrease conflict within the family.

Rachel had been arrested earlier the previous year for attempted assault against her mother and her mother’s boyfriend. The charges were later dropped. Rachel was also diagnosed with Bi-Polar disorder and was taking prescription medication. Rachel admitted to previously abusing marijuana and alcohol, but had been drug free for over a year when she entered Interface.

While staying at Interface, Rachel maintained a 3.0 grade point average, and she actively participated in the ROTC program at her school. Rachel set a goal to graduate from high school and enroll in the United States Army.

The CDS Residential Counselor helped Rachel and her family learn and practice skills to reduce conflict in the home. Upon discharge, Rachel had learned to better manage her behaviors and was able to successfully return home.

Later, Rachel’s younger brother entered Interface due to similar issues of conflict with the mother’s boyfriend. During his stay, Rachel attended family counseling sessions along with their mother and she gave her younger brother sound advice based on what she had learned and supported him during his stay. The family is now maintaining a positive relationship and Rachel continues to achieve the honor roll. Rachel continues to earn ranks in the ROTC program and is currently a Master Sergeant.



**Name & identifying details have been changed.*

CDS Counseling Programs

Family Action

CDS continues to provide needed programs and services that benefit our families and community through our non-residential Family Action program

Family Action targets youth with runaway, truancy, and issues of being beyond parental control. CDS recognizes that substance abuse could well be a causal factor regarding any of these concerns and if so, these youth are still appropriate referrals.

Family Action counselors meet with youth at CDS or at home or other locations to provide counseling services.

Major Accomplishments in 2012

- 374 youth and families were served
- 70% of youth served lived in high crime zip codes
- 83% of youth served had at least 3 risk factors related to delinquency (school, family, behavior, peers)
- 98% of youth admitted successfully completed services



Drug Free Communities Program

The primary source of funding for our CDS Drug Free Communities program for many years has been Substance Abuse and Mental Health (SAMH) administered by the Department of Children and Families (DCF). In July of 2012, DCF contracted with Lutheran Services to manage and administer all SAMH funds in five circuits in North Central Florida.

As a result, CDS partnered with Meridian Behavioral Healthcare and proposed a fund shift in which Meridian would receive the CDS Drug Free Communities clinical services funding in exchange for CDS receiving prevention funding from Meridian. Lutheran Services supported this idea and we think this will strengthen the services provided by both CDS and Meridian.

Effective November 30, 2012 CDS ended our CDS Drug Free Communities program.

We are proud of the Substance Abuse and Mental Health services that our dedicated staff has provided over the years which have helped so many and we are equally grateful for the confidence and trust both participants and referrals sources have afforded us.

"I like how the program was available to me and how the counselor worked around my schedule for family sessions. Thank you for all involved."

-Parent of Interface Participant

***CODY'S Success Story at Interface**



Cody was court ordered and admitted to Interface due to ungovernable behavior in the home, truancy issues, and illegal substance use. When Cody first arrived he expressed a willingness to successfully complete his placement at Interface. Cody was enrolled in the County's Alternative School. He had a history of truancy in his home county and stated that he did not like attending school. He said that when he turned 16 years old, he planned to "drop out." The Alternative School took an assertive approach

with Cody developing an Individual Education Plan and working closely with him to implement this agreed upon plan.

Cody also began participating in weekly individual counseling and group activities facilitated by a CDS Residential Counselor. In these sessions Cody had the opportunity to address issues related to adolescent behaviors which involved substance abuse, peer pressure, lack of educational goals, and his need to respect adult authority.

Cody continued to cooperate in addressing issues identified on his Service Plan and his first 9 weeks report card included significant improvement in school attendance. His grades improved as well and included 2 B's, 3 C's and one D. These grades reflected a positive self-accomplishment for Cody and a drastic difference from his failing grades in the past. Cody stated that he no longer wanted to drop out of school and added that upon returning back home, he would attend school daily as expected. Cody also attained Interface's highest participant status of "Achievement" during his stay at the shelter.

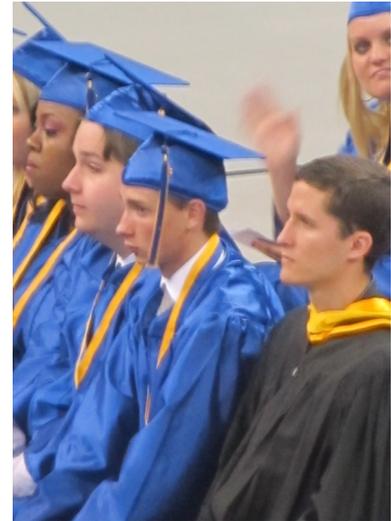
**Name & identifying details have been changed.*

CDS Independent Living

Independent Living

CDS Independent Living counselor/case managers provided individualized skill building and training to 110 youth between the ages of 13 and 17 in the foster care system and support to 125 young adults who have aged out of foster care.

This year CDS Independent Living counselors helped transition 35 participants into adulthood. Each youth aging out of the foster care system requires an enormous amount of staff time, resources, and support. Many of our young adults have little or no resources to rely on and it makes our relationships with



CONGRATULATIONS GRADUATES!



these young people even more crucial. CDS depends heavily on the donations of furniture and other household items from various community groups that we continue to receive regularly to help set up apartments for our kids aging out of foster care.

Major Accomplishments in 2012

- 36 young adults are pursuing their high school diploma or GED
- 35 Independent Living youth are in post - secondary education, 6 in vocational school, 4 are serving in the military, and three are on subsidized independent living, one of whom is a 17 year old in college.
- CDS Independent Living program has 22 college graduates, 3 currently in graduate school, and one who just completed her RN license.

**SALLY'S Independent Living Success Story*



Sally was a victim of domestic violence and was placed in foster care at age 13. She had an extensive criminal record ranging from petty theft, aggravated battery, and substance abuse. She had spent time in DJJ detention centers in Jacksonville, Orlando, and Gainesville starting when she was 14 years old. She successfully

completed a DJJ commitment program and was then placed in a group home where she attended the local high school and was an A/B student taking honors classes.

An employee at the high school took a special interest in Sally and encouraged her to apply to the Florida Youth Challenge Academy. The CDS Independent Living Counselor helped facilitate Sally's acceptance and she attended last year, earning her GED and several college credits simultaneously. Sally was a model cadet and became one of the Academy's ambassadors, traveling around the state giving talks to various organizations and school groups. She graduated last May as their salutatorian. Sally did not want to return to the group home, so the Independent Living Counselor assisted Sally by making arrangements for her to live independently. Sally just turned 18 and is now in her third semester of college majoring in psychology.

**Name & identifying details have been changed.*

**CDS MISSION:
"Strengthening Communities by Building Strong Families"**

Prevention Services

The Prevention Project has maintained strong collaborative relationships throughout the year with our local prevention coalitions and schools.

The Partners in Prevention of Substance Abuse (PIPSA) Collegiate Success Initiative (CSI) entered its second year dedicated to combatting underage drinking among college students. 861 University of Florida and Santa Fe College students between the ages of 18 and 20 took an Alcohol Perception Survey to assist CSI in developing meaningful strategies to address underage drinking. Other efforts being implemented include providing alcohol outlets with "We ID" and "None for Under 21" posters as well as Responsible Server Merchant training.

For the second year Prevention staff successfully implemented three evidenced based programs designed to reduce risk

factors and increase protective factors to youth throughout the year in Levy County schools and at the Reichert House, a program for African American middle and high school youth.

Levy County Prevention Coalition

The Levy County Prevention Coalition accomplished many great things during the year of 2012. Notable accomplishments include reaching a membership milestone of 45 members. In addition, member participation in Coalition events was at an all-time high. The Coalition also passed its largest budget to date, which included donations and fundraisers, a first for the Coalition.

"An Ounce of Prevention is Worth a Pound of Cure"

Major Accomplishment in 2012:

- 416 students completed the Too Good for Drugs Program at Williston Elementary School with an average pre-test score of 66% and post-test score of 92%
- 435 students completed the Too Good for Violence Program at Williston Elementary School with an average pre-test score of 48% and post-test score of 81%
- 95 students completed Project Success at Williston Middle School with an average pre-test score of 57% and post-test score of 91%
- 15 students completed the Life Skills Training program at Reichert House After School Program with a pre-test score of 54% and post-test score of 73%

National Safe Place & National Runaway Safeline

CDS Family & Behavioral Health Services is part of the national network of youth shelter providers assisting runaway and homeless youth. All Alachua County public schools and libraries, Gainesville Fire Stations, and RTS buses as well as about 40 businesses, work with CDS as Safe Place partners. Youth with problems can visit any of these locations and staff there will call Interface for assistance. If youth need to go to the shelter for help, CDS Interface staff will make arrangements for transportation.

CDS staff & interns visit classrooms and summer camps to teach children about staying safe and accessing Safe Place services all over the United States. If you are interested in having a Safe Place presentation offered to a group, please contact Radha Selvester at (352) 244-0628 x3865. radha_selvester@cdfsfl.org There is no charge for these age appropriate presentations and all children receive gifts like Safe Place stickers, coloring pages, and bookmarks.

CDS Outreach Accomplishments in 2012

- CDS attended **197** outreach events connecting with **10,420** youth & **11,881** adults
- **1,967** youth and **1,106** adults received information about the CDS local Safe Place program.
- **9,938** Runaway cards & bookmarks were distributed

The Runaway cards & bookmarks contain National Safe Place & National Runaway Safeline information as well as the local CDS Interface numbers for 24/7 assistance. These cards are available at no cost to place at locations frequented by youth. (352) 244-0628 x3865

NAME & LOGO CHANGES!

The National Safe Place organization has updated its logo and the National Runaway Switchboard has modernized its name to become the National Runaway Safeline. The new logos are shown below. CDS has visited all of its 107 Safe Place sites to deliver new signs.



Spotlight On Youth



Spotlight on Youth is a teen talent show hosted by CDS Family & Behavioral Health Services each spring. The fourteenth annual event will be held on **April 7, 2013 at 2 pm at the Fine Arts Hall at Santa Fe College.**

In addition to being a major fundraising event for CDS, **Spotlight on Youth** is a chance for high school musicians, dancers, artists, and poets to show off their talents. In 2012, 91 students performed on stage while 30 students displayed their visual arts creations. 4 poets had their work featured in the **Spotlight on Youth** program. Refreshments were catered by Job Corps culinary arts students.

Studies show that youth who are involved in the arts are less likely to get involved with drugs, alcohol, or violence. They are more likely to stay in school and do better in their classes. The arts teach critical thinking skills, stress management, and

discipline, all of which help create healthier adults and better citizens. **Spotlight on Youth** gives young people a positive alternative to potentially risky behaviors and its performers are positive role models for their peers.

Supporting **Spotlight on Youth** is a great way to be involved with the CDS mission:

Strengthening Communities by Building Strong Families.

Call (352) 244-0628 x3865 for more information.



2012 Community Partner Awards

- Pastor Bill & Vicki Davenport** - Ridgeview Baptist Church
- Miguel Di Pierri** - Community Volunteer
- Lt. Brian Helmerson** - Gainesville Police Department
- Patricia Scherer & Kristie Myrick & Home Depot Store #8531**
- Peaceful Paths**
- Tara Thompson** - Family Preservation—Partnership for Strong Families

2012 Awards

2012 Longevity Awards

5 Years

LaVonya Bryan, Human Resources Specialist

Izel Sessions, Youth Care Worker, IYP East

10 Years

Lila Johnson, Youth Care Worker IYP Central

15 Years

Jim Pearce, CEO

Rhonda Lockwood, Regional Coordinator

2012 Staff Achievement Awards

Walter Disbrow - Administrative Assistant

Danielle Tolson - Community/Campus Director

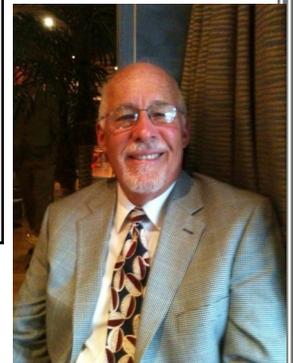
Partners in Prevention of Substance Abuse

Peggy Vickers - Quality Assurance Coordinator

Angela Williams - Residential Counselor

From a Former Interface Employee:

"I hope that everything is going very well for you and the whole Interface family, and as surprised as you may be to hear it, I really miss Interface. When I was there, I did not realize how great of a work environment it was. ... I developed skills working with youth that I utilize on an almost daily basis with my community as a Peace Corps Volunteer in Panama."



Volunteer of the Year

Bill Stasiewicz - "Pizza Bill" →

Thank You For Your Support !

Alachua Co. Sheriff's Office
 Alachua County Board of
 County Commissioners
 Alarion Bank
 Alchem Lab. Corp.
 A. & D. Preston
 Barnes & Noble
 Betty Hovis
 Buccaneers in the Community
 Burger King
 Cameron Dancenter
 Candace J. Leggett
 Catherine Isper
 Central Florida Community
 Action Agency
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 Constance D. Rowe
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 Exactech, Inc.
 Florida Aquarium

Frank Harrell
 Gainesville Health & Fitness
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 Hannah Bannon
 Heath Silberfeld
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 Kiwanis Club of Gainesville
 L. & S. Mercer
 Lavonne V. Cox
 Lorrie B. Kantor
 Lynn Niederlitz
 M. & K. Hall
 Martha Benton
 Mary Walsh
 Pat Justice
 Randy Burrack
 Rebecca Doerr

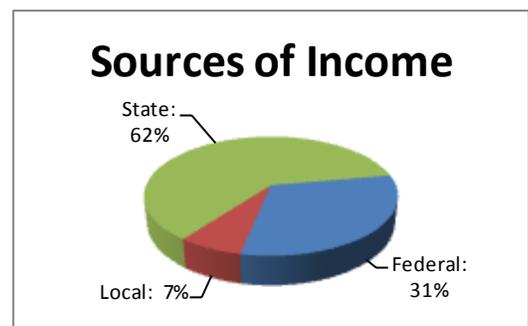
Reginald Wilson, II
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 Sam Clark
 Scott Robinson
 Sheila Dickison
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 Shores Animal Hospital
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 Stone Mountain Park
 Theresa Tonner
 Travis D. King
 Turkey Roost Farm
 UF Athletic Association
 United Way of N. Central FL
 University Federated
 Campaign
 Wen Huang
 Wild Adventures
 William Hancock, Jr.
 William P. Cervone—
 State Attorney
 Winn-Dixie

Financial Data

Supports & Revenues

Grants and Contracts	\$3,867,676.00
United Way and other contributions	120,074.00
Contributed services of volunteers	39,970.00
Contributed facilities, materials and supplies	50,960.00
Program Services revenue	41,270.00
Interest, rental, and other revenue	24,803.00

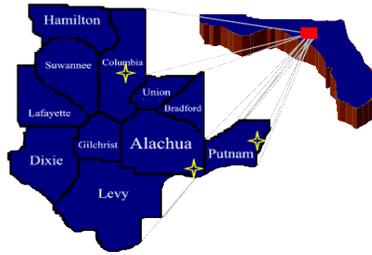
Total: **\$4,144,753.00**



Major support by: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services;
 Florida Department of Children & Families; Partnership for Strong Families;
 U.S. Department of Health & Human Services; United Way of North Central Florida;
 United Way of Suwannee Valley; and Individual Donations.

CDS has offices in Gainesville, Lake City, and Palatka and its services cover an eleven county area, including: Alachua, Bradford, Columbia, Dixie, Lafayette, Gilchrist, Hamilton, Suwannee, Levy, Putnam, and Union. CDS is the sole provider of many of its services, such as runaway shelters, in North Central Florida.

An additional three counties are served with the Independent Living Program for youth aging out of foster care: Baker, Madison, and Taylor.



CDS Family & Behavioral Health Services, Inc.
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 Gainesville, FL 32608
www.cdsfl.org
 (352) 244-0628

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 Gainesville, FL 32601

Or Current Resident



2012 Board of Directors

Executive Committee

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 Police Academy/
 Santa Fe College

Other Members

Mitzi Austin, Attorney (Retired)

Doug Gilliam
 Probation Supervisor (Retired)
 Dept. of Juvenile Justice

James A. Griffith, Asst. Chief
 Palatka Police Department

Phil Kabler, Esquire
 Attorney

Richard Mankin, Ph.D.
 Agricultural Research Service
 USDA

Larry McDaniel
 Sentencing Alternatives
 Alachua County Department of
 Court Services (Retired)

Robert Page, President
 Alarion Bank

Lanard Perry

Assistant Director
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 Levy County Schools (Retired)

Chief Executive Officer:

Jim Pearce

Chief Operations Officer:

Samuel P. Clark