



Chief Executive Officer  
Jim Pearce

January 14, 2011

Dear Community Partner:

Enclosed please find a copy of the CDS Family & Behavioral Health Services, Inc. 2010 Annual Report and an invitation to Spotlight on Youth.

In the Fiscal Year ending June 30, 2010 of the youth who received services in our residential program, Interface Youth Program, 100% were not adjudicated while working with our staff and 90.7% completed our shelter program.

In our non-residential program, Family Action 94.7% of youth served successfully completed services.

Last year in our Interface Youth Program, 486 parents and youth completed satisfaction surveys with 96% reporting overall satisfaction with services received. In our Family Action Programs, 191 out of 198 or 96% of participants reported overall satisfaction with services.

In our Adolescent Substance Abuse Treatment program 88% of youth served completed the program.

In our Temporary Assistance for Needy Families (TANF) programs, 85% of participants who completed had a successful outcome.

Finally, we are proud that our 2010 Stakeholders survey revealed that 97% of those responding answered Strongly Agree or Agree to the following statement: "CDS has a good working relationship with our organization."

We are deeply grateful for your support of our efforts to:  
**Strengthen Communities by Building Strong Families.**

If I may be of service to you, do not hesitate to contact me at 352-244-0628 or [jim\\_pearce@cdfsfl.org](mailto:jim_pearce@cdfsfl.org).

Sincerely,

Jim Pearce  
CEO

**Board of Directors**

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Levy County Schools (Retired)

**PROGRAMS**

**Youth Shelters**

Programs for youth in crisis

**Counseling**

Services for troubled youth and people with substance abuse and mental health issues

**Prevention**

Educating the community, focusing on substance abuse and high-risk populations



**CDS Family & Behavioral Health Services, Inc.**

3615 SW 13<sup>th</sup> Street, Suite 4 • Gainesville, FL 32608

Tel: (352) 244-0628 • Fax (352) 244-0668

[www.cdfsfl.org](http://www.cdfsfl.org)



Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; State of Florida, Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions



## 2010 ANNUAL REPORT

[www.cdsfl.org](http://www.cdsfl.org)

3615 SW 13th Street, Suite 4  
Gainesville, FL 32608

(352) 244-0628

*January 14, 2011*

### CELEBRATING FOUR DECADES OF COLLABORATION



Jim Pearce  
CEO

H. Thomas Lane, Jr.  
Board President

CDS began 40 years ago as a small group of volunteers who wanted to make a difference. They were a group of diverse individuals who saw the importance of supporting people who had lost their way as a result of substance use and the resulting crisis of falling from the grace of family and friends. Our founders understood that collectively they could produce results and create opportunities that were unimaginable as individuals.

Throughout the years we have continued to embrace the concept that collaboration with others is the most effective way to make long lasting and meaningful changes in the lives of those we serve. It would be impossible to list the multitudes of relationships with other agencies and people that have helped us during both good times and bad, but please know that we are deeply grateful for all you have given.

We are especially thankful for the vision and leadership of a dedicated volunteer Board of Directors and a staff of professionals that impact families, youth, and adults in life changing manners each and every day.

The light of optimism and confidence of spirit burns brightly at CDS and we are very grateful for this and the opportunity to continue to collaborate with you to make what may seem unimaginable a reality.

**Jim Pearce**  
Chief Executive Officer

**H. Thomas Lane, Jr.**  
Board President



#### 2010

#### Highlights:

- **890** youth were served through Family Action and the Interface Youth Program.
- **242** youth & young adults participated in the Independent Living Program.
- **785** adults and youth were served through Substance Abuse & Mental Health Programs.
- More than **2,200** youth were reached through Prevention activities.
- **5,042** volunteer hours were contributed to CDS programs.



## *Interface Youth Shelter*

### Interface – Residential Services

Interface is part of a network of shelters throughout Florida intended to divert children from the more costly juvenile justice and child welfare systems. Our short-term program to support runaway, homeless, truant, and youth beyond parental control is open 24 hours a day, 365 days a year. Youth between the ages of 10 and 17 are eligible for services focused on family reunification and preservation. Staff interactions with the family are goal oriented and guided by the needs and desires of the family.

### Major Accomplishments in 2010:

- Interface provided residential care to 492 youth.
- 97% of youth and parents completing a satisfaction survey at discharge indicated being satisfied with services received.
- 100% of youth remained crime free while participating in services
- Interface N.W. in Lake City began a renovation project funded through the Department of Children and Families that will increase shelter capacity from 10 to 12 beds.



Interface N.W. in Lake City



Interface East in Palatka



Interface Central in Gainesville

## *Safe Place & Outreach Activities*



CDS Family & Behavioral Health Services is part of the national network of youth shelter providers assisting runaway and homeless youth. All Alachua County public schools and libraries, and about 40 businesses, work with CDS as Safe Place partners.

Youth with problems can visit any of these locations and staff there will call Interface for assistance. If youth need to go to the shelter for help, CDS Interface staff will make arrangements for transportation.

### Major Accomplishments in 2010

- 1149 youth and 124 adults attended presentations about our local Safe Place program.
- 10,000 Runaway cards & 6,000 CDS bookmarks were distributed, a four fold increase from last year's total.

The cards and bookmarks contain National Safe Place & National Runaway Switchboard information as well as the local CDS Interface numbers for 24/7 assistance.



1-800-RUNAWAY



**CDS Interface Youth Shelters**  
 Gainesville, FL (352) 244-0618  
 Lake City, FL (386) 487-0190  
 Palatka, FL (386) 385-0405

**TALK—Don't Run**  
*Running from problems makes them worse!*

- Are you under 18 & in need of help?
  - Do you need a Safe Place to stay?
  - Protection from abuse?
  - Help with drugs or alcohol use?
  - Someone to talk with about family, friends, or school problems?
- Call ANYTIME!**  
 Interface is ALWAYS open—  
 Call if you're having problems or are in any sort of trouble.  
 Interface help is free and confidential.



Laura Viafora, AmeriCorps member, distributes items at Safe Place presentation (above)

If you are interested in having a Safe Place presentation offered to a group, please contact Radha Selvester at (352) 244-0628 x 3865. [radha\\_selvester@cdfsfl.org](mailto:radha_selvester@cdfsfl.org)



Outreach Display (right)



Youth Talk has pre-recorded messages about drugs, sex, abuse, & teen issues.

Graphics above are from the CDS bookmarks.

## **Counseling Programs**

### **Family Action**

The Family Action program continues to have a positive impact on youth in North Central Florida. It is a 12 week program that consists of counseling and case management designed to empower families to draw on their unique strengths to address and resolve problems. Counseling is available in our offices, schools, and in the home. Eligible youth are those 6 to 17 who are having trouble following rules, are truant from school, have run away, are threatening to run away, or are homeless.

Families are also provided with referral and resource information in order to help with maintaining their positive changes after services are completed.



### **Major Accomplishments in 2010**

- Family Action served 396 young people and their families.
- 92% of youth admitted successfully completed services.
- 91% of youth admitted this year were targeted due to risk factors associated with living in high-crime neighborhoods.

### **Drug Free Communities Support Program**

The Drug Free Communities Support Program provides substance abuse and mental health counseling and education to teenagers, their families, and adults.

Youth referred by the State Attorney's office or a school are often allowed to participate in the program in lieu of prosecution or as a suspension-reduction alternative for youth in school. Any young person under the age of 18 is eligible for services which can be provided in virtually any setting convenient to the family.

Adult substance abuse evaluation and counseling is offered through a variety of programs designed to address specific needs. Whether we are serving someone with a minimal history of substance use with a minor legal offense or an individual with a significant substance use and/or mental health disorder, our intent is to help participants establish goals that are meaningful to themselves.

In Putnam County, our Children's Substance Abuse Program provides treatment, assessment, and referral services.

Our TANF or Temporary Assistance for Needy Families program provides Mental Health and Substance Abuse counseling to eligible adults and their dependent children residing in Alachua and Putnam Counties. These services are aimed at removing mental health and substance abuse barriers to self-sufficiency. Funded through a State of Florida contract, these TANF services are provided at no cost. Eligibility is based on financial need.



### **Major Accomplishment in 2010**

- Substance abuse services were provided to 265 youth and 149 adults.
- TANF Specialists provided counseling and other services to 162 adults and children experiencing economic instability due to substance abuse or mental health issues.

### **\*JENNIFER'S STORY**

*Jennifer was unable to cope with issues within her family especially her poor relationship with an abusive stepfather. Jennifer wanted to be independent, graduate from high school and be a responsible young adult, but she just was not making it at home. Her mom brought her to Interface.*

*Our Residential Counselor helped Jennifer and her family develop a plan and establish goals. As a result, Jennifer's Counselor recommended Job Corps and subsequently helped Jennifer get admitted.*

*Jennifer has acquired the tools for success and credits Interface for providing her with residential services and the appropriate referral for her to become independent. She plans to enter Santa Fe College in January of 2011.*

*\*Name & identifying details have been changed.*

### **\*AUSTIN'S STORY**

*Austin is a 14 year old living with his 21 year old brother as his guardian. His parents had lost custody of him and his younger sister due to their own drug issues. He was referred by his school because he was caught smoking marijuana on campus.*

*Austin admitted that he had been smoking daily and reluctantly entered treatment with the goal of going back to his school and getting along better with his brother.*

*Through counseling, he was able to identify personal strengths and positive new hobbies. He started playing softball and became active in a youth group. He has improved his relationship with his brother by being honest about his feelings (and by passing several drug tests.) Through the CDS Drug-Free Communities Support Program, he was also able to meet his goal of returning to his high school.*

*\*Name & identifying details have been changed.*

## Prevention Services

CDS Prevention Project continues to place strong emphasis on partnerships as a means of addressing the prevention needs of young people in Alachua County. CDS was instrumental in assisting with the start up of the PIPSA Coalition (Partners in Prevention of Substance Abuse) in Alachua County and is still actively engaged. CDS still serves as fiscal agent for the coalition.

### PIPSA

The PIPSA Coalition was established in 1999 and with the assistance of many strong partners, PIPSA has grown into a formidable organization that keeps a pulse on changing community situations around the issues related to substance abuse - and develops plans to address those ever changing issues.

PIPSA is comprised of a culturally diverse group of people including community leaders, parents, youth, teachers, religious leaders, healthcare professionals, social service providers, youth serving organizations, civic groups, business professionals, law enforcement, media, and other concerned citizens. PIPSA's mission is to reduce alcohol, tobacco, and other drug use among youth and adults living in Alachua County.

In 2009/2010 PIPSA members addressed alcohol-related motor vehicle crashes among 18 to 24 year olds in the downtown and midtown areas of Gainesville and received funds to implement evidence-based environmental strategies in these areas.

Among the many strategies put in place PIPSA purchased a Mobile Safety Unit (MSU) which is used by law enforcement and coalition members as a point of contact to identify the alcohol blood content of people exiting bars and to provide safety and alternative transportation information for those who are in need of assistance in the downtown and midtown hospitality areas.

Beginning in 2011, PIPSA will assess current needs and create a Comprehensive Community Action Plan for a second priority issue in Alachua County.

### CDS Prevention Services

CDS Prevention Services provides substance abuse and violence prevention

education and resources for youth and adults in Alachua and Levy Counties and other counties when requested. The services include in-school and after-school programs, training workshops, educational seminars, and community mobilization. The program serves people of all ages but places special emphasis on youth and young adults ages 7 -24.

### Project Turnaround

Project Turnaround, our civil citation program was funded for an additional 6 months, from January 1, to June 30, 2010. Project Turnaround served youth who were first time misdemeanants from designated high crime zip codes, who would have entered the Juvenile Justice System. The program served 100 youth from July 1, 2009 through June 30, 2010. The additional funding allowed the agency to serve 64 more youth.

### Alpha & Beta Programs

CDS Alpha and Beta Programs provided assessment and counseling services for 59 elementary and middle school students in Williston. The Alpha and Beta Programs emphasize life skills, academics, and behavioral management.



Mobile Safety Unit

### Independent Living

Independent Living is an array of services that provides youth in foster care and those who have aged out of foster care with much needed skill training, socialization, and educational support. CDS has been providing Independent Living services to youth aged 13 to 18 and young adults aged 18-23 in 14 counties since 2002. Independent Living services include a dedicated counselor/case manager who is accessible to youth to provide assessments, service plans, and individual instruction on skill areas and personal support. All youth receive staffing two times per year to support their educational and career plans and advise them of the benefits available to youth that age out of care. Counselors also assist youth in identifying and maximizing their strengths, and assist them in addressing areas in need of improvement required for them to meet their short term needs and achieve their long term goals.

### Major Accomplishments in 2010

- 86 young adults are actively striving to improve themselves and their lives by completing their education.
- Independent Living celebrated 17 high school graduates, and 2 college graduates this past year.

### \*CAMILLE'S STORY

*Now 17, Camille entered the foster care system at age 10, leaving behind an erratic and abusive past. For more than two years while in care, she was a habitual runner unable to make positive connections in her life.*

*She began working with her Independent Living Counselor in 2005 and a bond was formed. The change in Camille has been amazing. She recently received her GED and was class valedictorian. She will be entering culinary school in 2011 and is very optimistic about her future.*

*\*Name & identifying details have been changed.*

## Spotlight On Youth



**Spotlight on Youth** is a teen talent show hosted by CDS Family & Behavioral Health Services each spring. The twelfth annual event will be held on March 5, 2011 at the Phillips Center for the Performing Arts at the University of Florida at 7 pm.

In addition to being a major fundraising event for CDS, **Spotlight on Youth** is a chance for high school musicians, dancers, artists, and poets to show off their talents. In 2010, 92 students performed on stage while 49 students displayed their visual arts creations. Some of the refreshments were catered by Job Corps students.

For this year's t-shirt & program cover design contest, middle and high school students from all over North Central Florida submitted original artwork. The winner is Travis Ford, a senior from Branford High School in Suwannee County. His submission of a cartoon drawing of "Leek" playing the guitar while the paparazzi photograph him emphasizes the theme of **Spotlight on Youth**:



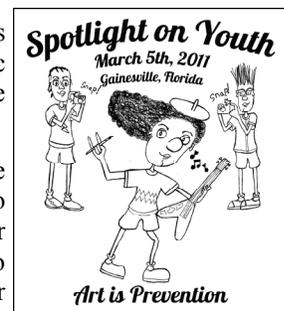
**"Art is Prevention."** Leek is having too much fun with his music to indulge in dangerous substance usage!

Studies show that youth who are involved in the arts are less likely to get involved with drugs, alcohol, or violence. They are more likely to stay in school and do better in their classes. The arts teach critical thinking skills, stress management, and discipline, all of which help create healthier adults and better citizens. **Spotlight** gives young people a positive alternative to potentially risky behaviors and its performers are positive role models for their peers.

Supporting **Spotlight on Youth** is a great way to be involved with the CDS mission,

**Strengthening Communities by Building Strong Families.**

Call (352) 244-0628 x3865 for more information.



Drawing by Travis Ford  
2011 contest winner

### CDS Hosts AmeriCorps Members

CDS was fortunate to have the opportunity to receive assistance from more than a dozen AmeriCorps members during 2010. AmeriCorps is similar to the Peace Corps except that the volunteers work on projects in the United States. The "National Direct" program supporting our members is managed by the Youth & Family Services Network, formerly known as Southeastern Network of Youth and Family Services.

Our AmeriCorps members continue to work directly with youth in our Interface shelters, monitor our Safe Place sites, and assist in volunteer recruitment and training. AmeriCorps members have helped us to expand our outreach work to youth and the community at large. In return, AmeriCorps members get hands-on experience working with youth and families in need, assisting with administrative work done in the non-profit sector, and participating in various training opportunities relevant to their career choices. Upon completion of their terms of service, members receive educational allowances to use toward college, graduate school, or school loans.

### Outreach

2010 has been an amazing year for outreach activities. With the help of so many AmeriCorps members, CDS has been represented at scores of events – schools, community programs, fairs, and faith-based events. Approximately, 10,000 people have been touched with information about our services. In addition, 16,000 runaway cards/bookmarks have been given out to youth with both national and local phone numbers where kids can call for help.

## THANK YOU

to all our AmeriCorps members who help expand our outreach capacity!



AmeriCorps Members with  
Radha Selvester, summer 2010

Our 2010 AmeriCorps Members were:

Alex Becker, Chandra Davis, Felicia Hines, Kelsey Perkins, Kirstin Negron, Laura Viafora, Leah Manooch, Lisa Harris, Melissa Glasgow, Melissa Nelsen, Nellie Otero, Rebekah Russo, Shelley Northrup, and Sierra Taylor. Nellie Otero was hired by CDS as an Independent Living Counselor upon completion of her full-time term of service (1700 hours). Her educational award of \$4725 helped to pay for her Masters Degree in Counseling. Last year's 300 hour AmeriCorps member, Evelitza Soto, is still working at Interface in Palatka as a part-time employee as she continues to attend college. Her educational award of \$787.50 helped cover her tuition at St. John's Community College.

New AmeriCorps positions should be available in the fall of 2011. Contact Radha Selvester to apply. (352) 244-0628 x3865 radha\_selvester@cdfsfl.org.

## **2010 Awards**

### **2010 Community Partner Awards**

**Cindy Grant**, Prevention Partner  
**Courtney Allen**, Homeless Education Coordinator for Alachua Co. Schools  
**Dana Huggins**, Community Outreach for Columbia County Schools  
**Jenelle Ashley**, Alachua County Court Services  
**Nancy Wilkov**, General Magistrate Eighth Judicial Circuit  
**Rebecca Mickholtzick**, Assistant State Attorney  
**Wayland Clifton**, Chief Probation Officer

### **2010 Staff Achievement Awards**

**David Beasley**, Counselor/Case Manager  
**Estela Rosa-Garcia**, Data Systems Manager  
**Isaac Harmon**, Counselor/Case Manager  
**Karen Bunch**, Youth Care Worker  
**Louis Tremblay**, Counselor/Case Manager  
**Randy Burrack**, Chief Financial Officer  
**Shileatha Washington**, Residential Counselor

### **2010 Longevity Awards**

#### **5 years**

**Casharo Thomas**, Youth Care Worker, IYP N.W.  
**Catherine Johns**, Counselor/ Case Mgr., Drug Free Communities  
**Janie Rea**, Office Manager, Family Action  
**Karen Baugh**, Regional Supervisor, Drug Free Communities  
**Kizzie Johnson**, Administrative Assistant, IYP Central  
**Leslie Frost**, Regional Coordinator, Family Action/Drug Free Communities  
**Lizzie Walker**, Youth Care Worker, IYP Central  
**Pamela Purnell**, Residential Supervisor, IYP East

#### **10 years**

**Herman Miller**, Maintenance Supervisor, Administration

#### **15 years**

**Estela Rosa-Garcia**, Data Systems Manager, Data Systems

#### **25 years**

**Cassandra Evans-McCray**, Regional Coordinator, IYP Central  
**Samuel Clark**, Chief Operations Officer, Administration

### **Board Member of the Year**

**H. Thomas Lane**, President, MARKETech, Inc.

### **Volunteer of the Year Award**

**Sierra Taylor**, AmeriCorps Member

### **2010 Esprit de Corps Winners**

**Brenda Jordan**,  
Youth Care Worker, IYP East  
**Carlton Jones**,  
Youth Care Worker, IYP N.W.  
**Christina Jackson**,  
Youth Care Worker, IYP East  
**Doris Martin**,  
Counselor/ Case Manager, TANF  
**Ryan Pendry**,  
Information Systems Specialist  
**Shileatha Washington**,  
Residential Counselor, IYP Central  
**Wanda Collins**,  
Youth Care Worker, IYP N.W.

### **Outstanding Board Member of the Year Award**

CDS Board President Mr. Thomas H. Lane's commitment and enthusiasm led to him being named the Outstanding Board Member of the Year by Southeastern Network of Youth and Family Services (SENetwork). He was recognized at the National Safe Place conference held in Louisville, Kentucky on September 30, 2010.

Tommy Lane began serving on the CDS Board in 1999, and is in his third term as President. His efforts in the past decade have been countless and passionate. This award, however, specifically recognized his innovative work in securing foundation funding that will assist CDS in years to come.



Sherry Allen from SENetwork presents Mr. H. Thomas Lane with award.

## 2009-2010 Contributors

### Thank You For Your Support !

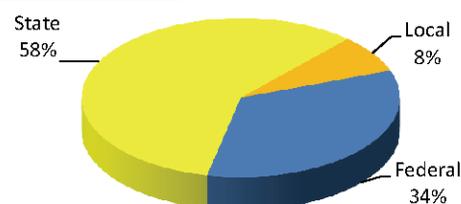
<b>Alachua Co Sheriff's Office</b>	<b>Fl Museum of Natural History</b>	<b>Richard Mankin</b>
<b>Alarion Bank</b>	<b>Gainesville Ballet</b>	<b>Robert Wilford</b>
<b>AvMed</b>	<b>Gainesville Health &amp; Fitness</b>	<b>Santa Fe College CIED</b>
<b>Barnes &amp; Noble</b>	<b>Gainesville Police Dept.</b>	<b>Safe &amp; Drug-Free Schools (Alachua County)</b>
<b>Bradford Co Sheriff's Office</b>	<b>Gainesville Sun</b>	<b>Sheila Dickison</b>
<b>Burger King</b>	<b>Harvey Rohlwing</b>	<b>Stonewood Grill &amp; Tavern</b>
<b>Cameron Dancenter</b>	<b>Jacksonville Jaguars</b>	<b>Sun Country</b>
<b>CBS 4</b>	<b>James Moore &amp; Co.</b>	<b>Suwannee Valley</b>
<b>Central Florida Community Action Agency</b>	<b>Juanita Frazier</b>	<b>Community Foundation</b>
<b>Cox</b>	<b>Kiwanis Club of Gainesville</b>	<b>Target</b>
<b>Daniel Crapps, Realtor</b>	<b>Lincoln Middle School</b>	<b>Theresa &amp; Joseph Tonner</b>
<b>Doug Gilliam</b>	<b>Louis Kalivoda</b>	<b>University of Florida, Athletic Association</b>
<b>Eileen Smith</b>	<b>Mark &amp; Alison Law</b>	
<b>Florida Aquarium</b>	<b>NBC 9</b>	
	<b>Palatka Police Dept.</b>	

#### Financial Data

##### Support & Revenue

Grants and Contracts	\$ 4,017,352.00
United Way and other contributions	70,343.00
Contributed services of volunteers	119,069.00
Contributed facilities, materials and supplies	28,887.00
Program Services revenue	58,853.00
Interest, rental, and other revenue	59,773.00
<b>Total</b>	<b>\$ 4,354,277.00</b>

##### Sources of Income



Major funding by: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services; Florida Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Donations.

## 2010 Board of Directors

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Florida Pest Control

*Immediate Past President:*

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Police Academy/SFCC

*Youth Member:*

**Jelissa Morrison**

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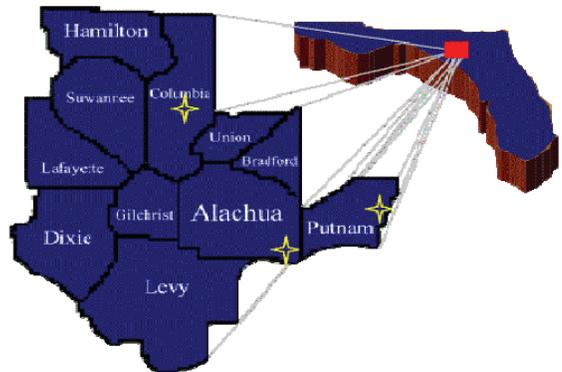
*Chief Operations Officer:*

**Samuel P. Clark**

## Service Area

CDS has offices in Gainesville, Lake City, and Palatka and its services cover an eleven county area, including: Alachua, Bradford, Columbia, Dixie, Lafayette, Gilchrist, Hamilton, Suwannee, Levy, Putnam, and Union. CDS is the sole provider of many of its services, such as runaway shelters, in North Central Florida.

An additional three counties are served with the Independent Living Program for youth aging out of foster care: Baker, Madison, and Taylor.



[www.cdsfl.org](http://www.cdsfl.org)

(352) 244-0628

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Gainesville, FL 32608

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Permit #111  
Gainesville, FL

Or Current Resident