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PROGRAMS

Youth Shelters

Programs for youth in crisis

Counseling

Services for troubled youth and
people with substance abuse
and mental health issues

Prevention

Educating the community,
focusing on substance abuse
and high-risk
populations



February 23, 2009

Dear Community Partner:

Enclosed please find a copy of Around the Corner, CDS Family & Behavioral Health Services, Inc. 2008 Annual Report.

In the Fiscal Year ending June 30, 2008 of the youth who received services in our Interface shelters, 100% were not adjudicated while working with our staff and 85% completed our shelter program.

In our non-residential Family Action program 96% of youth served successfully completed services.

In our Adolescent Substance Abuse Treatment program 82% of youth served completed the program.

Last year 325 parents and youth completed satisfaction surveys with 97% reporting overall satisfaction with services received.

Finally, we are proud that our 2008 Stakeholders survey revealed that 100% of those responding answered Strongly Agree or Agree to the following statement: "CDS has a good working relationship with our organization."

We are deeply grateful for your support of our efforts to:
Strengthen Communities by Building Strong Families.

If I may be of service to you, do not hesitate to contact me at 352-244-0628 or jim_pearce@cdsfl.org.

Sincerely,

Jim Pearce
CEO



CDS Family & Behavioral Health Services, Inc.

3615 SW 13th Street, Suite 4 • Gainesville, FL 32608

Tel: (352) 244-0628 • Fax (352) 244-0668

www.cdsfl.org



Major support from: State of Florida, Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; State of Florida, Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions

Around the Corner

CDS Family & Behavioral Health Services

**2008
Annual
Report**



SPOTLIGHT ON YOUTH

Save the date for this year's production on March 7!

Extraordinary People Providing Extraordinary Service

~By Jim Pearce, CEO



For most of us the dominant concern during the past year has been the economy. Certainly we at CDS would list this as our major concern as it effects our services to vulnerable families. As is the case with many non-profit agencies, we have less program funding, have lost outstanding staff and have seen a drop in service capacity. These are trying times.

However, with all the gloomy predictions and the decrease in services, we have every reason to remain optimistic, hopeful and confident. This is because of the response from staff and

their history of commitment and competence over many years. While concern is present there remains a high level of commitment to providing quality services. Resources have been reduced while demand has increased. Yet the resolve, the commitment and the dedication to provide the highest level of services to needy families has not been affected by the negativity surrounding the economy. On the contrary, we see no drop in the human spirit and commitment at CDS with respect to serving families in need, and in fact we believe it has increased. We are so fortunate to have staff with such a unique commitment to serve others. They truly are "extraordinary people providing extraordinary service".

2008 Highlights:

- ♦ 1,133 youth were served through Family Action and the Interface Youth Program.
- ♦ 238 youth & young adults participated in the Independent Living Program
- ♦ 330 adults were served through Drug Court / Day Reporting and Federal probation / parole.
- ♦ More than 862 youth were reached through Prevention activities.
- ♦ 3,511 people were served last year through CDS programs.



**CDS Family
& Behavioral
Health Services**

3615 SW 13th Street, Ste 4
Gainesville, FL 32608

(352) 334-3800

Visit CDS online at:
www.cdsfl.org

Interface Youth Shelters



Cassandra McCray
Coordinator for
Interface Youth
Program (Central),
Gainesville
(352) 334-3833



Gonzales Whitter
Supervisor for
Interface Youth
Program (Central),
Gainesville
(352) 334-3833



Pam Purnell
Supervisor for
Interface Youth
Program (East),
Palatka
(386) 312-2220



Jill Downey
Supervisor for
Family Action
(NW), Lake City
(386) 758-5780

Leslie Frost
Coordinator for Family Action (Central),
Gainesville (352) 334-3800 x 3813

(Pictured later)

Cindy Starling
Coordinator for Interface (East),
Palatka / (386) 328-7771 x 4

(Pictured later)

Rhonda Lockwood
Coordinator for Interface (NW),
Lake City / (386) 758-5780

(Pictured later)

Tracey Ousley
Coordinator for Interface (NW),
Lake City / (386) 758-5780

(Pictured later)

INTERFACE (Residential Services)

Interface is a short-term youth shelter for children ages 10 to 17. It is open 24 hours a day, 365 days a year. Once at Interface, a trained staff member talks to youth about their situations and explains how the program works. Youth who decide to stay can count on a safe place to sleep, food, clothing, and personal support. Trained staff also provide crisis stabilization, counseling, and help youth address short-term needs and long-term goals.

TRUANCY CENTER

The Gainesville IYP shelter accepts actively truant students in the

Alachua County area. Law enforcement bring in youth who are not attending school, and the staff provides counseling and intervention services. This program is a collaborative effort with the School Board of Alachua County, Gainesville Police Department and the Alachua County Sheriff's Office.

Major Accomplishments During 2008:

419 youth made use of the Interface Youth Shelters and 22 youth were served through the Truancy Center.

Interface Central was awarded a Federal Basic Center grant to serve runaway and homeless youth.

Family Action Program

The Family Action program provides short-term counseling to families with youth ages 6 to 17 who are having trouble following rules, are truant from school, have runaway, or who are threatening to runaway. Via family and individual counseling, we work to provide youth and their families with the tools necessary to meet the challenges they face.

The Family Action Program is available 24-hours a day, every day, and is free of charge for all basic services. Family Action usually takes 12 weeks to com-

plete based on the needs and concerns of the family.

Major Accomplishments During 2008:

Family Action served 526 young people and their families during the year.

96% of youth served successfully completed services.

61% of the youth served were targeted due to risk factors associated with living in high-risk neighborhoods.

Drug-Free Communities



Leslie Frost,
Coordinator for Drug-Free
Communities Program,
Gainesville
(352) 334-3800 x3813



Karen Baugh,
Supervisor for Drug-Free
Communities Program,
Gainesville
(352) 334-3800 x3813

For many years our Outpatient Services program had been the substance abuse treatment provider for both Alachua County's Drug Court and Day Reporting programs. As a cost saving measure this year the County took these programs back under the auspices of Alachua County Court Services.

This action created an opportunity for CDS to review the structure of our substance abuse operations and the decision was made in December of 2008 to incorporate the Outpatient Services program under the Drug Free Communities program.

It is expected that moving the two programs to the same location will result in a series of efficiencies, ultimately improving service delivery to adults, youth, and families.

The Drug-Free Communities Program provides substance abuse education, intervention, drug-testing, and counseling to adolescents and adults in our community. Individuals are referred to the program by a variety of sources — some of which are the State Attorney's office, Teen Court, school systems, the Department of Children and Families, the Partnership for Strong Families, and the US Fed-

eral Probation Office.

At times, services are provided in lieu of prosecution for youth and adults or as a suspension-reduction alternative for youth in school. Other times, youth or their parents request help. Services are provided at our offices, in schools, and even in the participants' homes.

Major Accomplishments During 2008:

We provided substance abuse services to 282 youth and 330 adults.

We provided counseling and other services to 109 adults experiencing economic instability due to substance abuse or mental health issues through our Temporary Assistance for Needy Families (TANF) program.

We developed the Anti Drug Initiative program (ADI) in cooperation with the State Attorney's Office and with support from United Way of North Central Florida. This program is designed as a deferred prosecution option for misdemeanants with substance abuse issues in need of short-term intervention.

SAMH-East



Cindy Starling,
Regional Coordinator for
Putnam
(386) 328-7771 x 4

The SAMH-East Program provides outpatient counseling for youth abusing drugs, or who have risk factors for substance dependency, such as a parent with addiction issues. The services of the program include treatment, intervention, and education for young people who are experimenting with or abusing drugs. On average, youth stay in the program for four months.

Other SAMH-East services include TASC (Treatment Alternatives for Safe Communities), which provides assessment and

referral services; and TANF (Temporary Assistance for Needy Family), which provides counseling and other services to families experiencing economic instability due to substance abuse or mental health issues.

Major Accomplishments During 2008:

This year, 105 youth received outpatient counseling, 102 youth received TASC services, and 162 youth and adults received TANF services.

Independent Living



Tracey Ousley,
Coordinator for
Independent Living
(352) 334-3800 x 3827

Independent Living is a program of counseling, case management, and education for youth and young adults ages 13 to 23 who are or have been in the care of the Partnership for Strong Families. Services provided to youth and young adults range from needs assessment and service plans to individual instruction on necessary life skills.

Counselors / Case managers also assist in locating student housing, negotiating financial assistance forms, and finding overlay services to ensure success (such as tutoring).

Major Accomplishments During 2008:

This year we served 238 youth.

We had 14 youth graduate high school or receive their GEDs in the past year.

One young adult graduated from community college and is currently employed by the Alachua County Sheriff's Office.

58 of our young adults are involved in post-secondary education.

We had 4 young adults working for Department of Children and Families over the summer through "Operation Full Employment".



Rhonda Lockwood,
Coordinator for
Independent Living
(386) 758-5780

Prevention Services



Gwen Love,
Coordinator for
Prevention Services
(352) 334-3800
x 3831

The Prevention Program provides substance abuse education and resources primarily for youth and adults in Alachua and Levy counties. Program Services include in-school programs, training workshops, educational seminars and chemical-free events.

This year the Prevention Program received continuation funding from the Florida Department of Juvenile Justice for Project Turnaround, a civil citation diversion program designed to offer first-time offenders an opportunity

to be diverted from the Juvenile Justice System. Youth in Project Turnaround are required to complete community service hours and to attend classes on theft awareness, substance abuse, and aggression management. Youth are also required to write apologies to the people they have victimized.

If the young person completes all requirements within 45 days, his/her citation will be voided.

This program has provided second chances to 111 youth during this year.

Major Accomplishments During 2008:

Alpha and Beta Program personnel provided assessment and counseling services for 51 elementary and middle school students in Williston. Our “Too Good For Drugs” program reached 811 students at Williston Elementary and Middle schools.

The Partners In Prevention of Substance Abuse Coalition (PIPSA) continues to work under a grant from DCF to collect data and develop a Community Action Plan to address “Underage Drinking” for Alachua County.

Spotlight on Youth



Join us for a spectacular performance featuring the best and the brightest young area artists! On March 7th, 2009, CDS will host our 9th annual *Spotlight On Youth*.

In addition to being our agency’s major fundraising event of the year, *Spotlight* is a chance for over 100 outstanding high school musicians, dancers, artists, and poets to experience the complete creative process: Students apply; audition;

must be chosen by a panel of judges; rehearse; and then perform on a professional stage with the assistance of a backstage technical crew.

Studies show that youth who are involved in the arts are less likely to get involved with drugs, alcohol, or violence. They are more likely to stay in school and do better in their classes. The arts teach critical thinking skills, stress management, and

discipline— all of which help create healthier adults and better citizens.

Spotlight gives young people a positive alternative to potentially risky behaviors; its performers are positive role models for their peers.

Please join us for this important event— Buy your ticket today! Call (352) 334-3800 x 3865 for more info, or if you would like to become a sponsor.

Esprit de Corps 2008 Awards

Catherine Johns — Drug Free Communities Support Program
Herman Miller — Administration
Karen Bunch — IYP East
Christina Sparks — Substance Abuse Mental Health (SAMH) East
Isaac Harmon - Family Action Central
Kelly Hicks - Prevention / Alpha Program
Sabriena Williams - IYP Central
Doris Martin - Outpatient Services
Izel Session — IYP East
Ronald Wise — Family Action NW
Charles VanOrder — IYP Central
Arzella Hawthorne-Louidor — Outpatient Services
Doris Tillman — IYP NW
Ashley Ward-Todd - Family Action NW

Our Heroes— We Couldn't Have Done It Without You

2008 Community Partner Awards

Wayland Clifton
Chief Probation Officer - 8th Circuit
Department of Juvenile Justice

Rita Dopp
First United Methodist Church of Lake City

Dr. Charles F. Hall
Director for Title I Migrant Education & Dropout Prevention
Alachua County Public Schools

2008 Staff Achievement Awards

Cathy Johns
Counselor/Case Manager
Drug Free Communities

Pam Purnell
Residential Supervisor
IYP East

Shelia Parker
Senior Youth Care Worker

2007-2008 Contributors

Act of Faith Productions
 Alachua County Sheriff
 Alarion Bank
 Christopher Aubin
 Burger King of Gainesville
 Cameron Dancenter
 Ron & Deanna Carpenter
 Elayne Cassisi
 Daniel Crapps
 Compass Bank
 Stacy Daniels
 Patty Dodd
 Florida Food Service
 Florida Pest Control
 Douglas Fols
 Gainesville Health & Fitness Centers
 Gainesville Job Corps Center
 Gainesville Police Dept.
 Gardner Group
 Melissa Gerhardt
 Goodsearch.com
 Robert & Cindy Grant
 Terry Henry
 HRH Company
 James Moore & Co.
 Randy Johnson

Irene Kellner
 Kiwanis Club of Gainesville
 Kiwanis Club of University City
 Stephen Landay
 Alena Lawson
 Richard & Valentina Mankin
 Jeanna Mastrodicasa
 Maupin House Publishing
 Michael & Lynda McKenzie
 Mister Paper
 Paul & Paula Nicoletti
 Oak Hammock
 Perry Roofing
 Lanard Perry
 Publix Super Markets Charities
 Putnam County Sheriff's Office
 Dr. Kenneth & Colleen Rand
 Regions Bank
 Harvey Rohlwing
 Shands HealthCare
 State Attorney's Office
 Trippe Realty Management, Inc.
 Michael Weiss
 Dinah & David Welch
 Robert & Diane Wilford
 Winn-Dixie

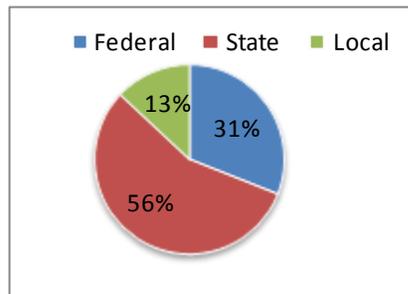
Financial Data*

** As reflected in the CDS Financial Statements for the 2007-2008 fiscal year*

Support & Revenue

Grants and Contracts = \$4,544,962.00
 United Way and other contributions = \$86,450.00
 Contributed services of volunteers = \$100,824.00
 Contributed facilities, materials and supplies = \$42,021.00
 Program Services - Revenue = \$24,930.00
 Interest, rental and other - Revenue = \$72,988.00

Total Support & Revenue = \$4,872,175.00



Major support from: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services, Inc.; Florida Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Contributions

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MARKETech, Inc.

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Attorney

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Daniel Crapps,
Realtor

Treasurer:
Randy S. Johnson,
C.P.A., Contoller
Florida Pest Control

*Immediate Past
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Criminal Justice
Services, Police
Academy/SFCC

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Jasmine C. Moore

Elayne Cassisi, M.D.

James A. Griffith,
Assistant Chief
Palatka Police Dept.

Howard Hall

Becky Hunt,
General Manager,
Residence Inn
by Marriott

Richard Mankin, Ph.D.
Agricultural Research
Service, U.S. Dept.
of Agriculture

Larry McDaniel,
Sentencing Alternatives
Alachua County Dept.
of Court Services

Robert Page,
President,
Alarion Bank

Jim Surrency, Ed.D.
Gilchrist County
School Board

Robert W. Wilford,
Executive Director,
Central FL Community
Action Agency

Reginald Williams,
Assistant Principal,
Williston High School

Chief Executive Officer:
Jim Pearce



CDS Staffers Working Together For Stronger Communities

