

What is CDS?

*CDS is a lifeline for families.
CDS is a resource for the community.
CDS is a place to get help.*

While CDS's many individual programs serve a wide variety of community needs, they all fall under the umbrella of our mission statement:

Strengthening Communities by Building Strong Families.

Be it troubled youth, adults struggling with substance abuse or children at high risk for dangerous behaviors, CDS has programs that can help.



CDS has been serving the communities of North Central Florida for more than 40 years. Its services now cover an eleven-county area:

Alachua	Dixie	Lafayette	Suwannee
Bradford	Gilchrist	Levy	Union
Columbia	Hamilton	Putnam	

CDS Family & Behavioral Health Services, Inc. is a private 501(c)(3) non-profit social services agency. At CDS, we constantly monitor our programs and results in order to better serve participants. We welcome your feedback!

www.cdsfl.org

Support Our Work!

CDS needs your help in order to continue providing valuable services to the community. Contributions are tax deductible and vital to our ongoing success. Both monetary and in-kind donations are very much appreciated! We also need volunteers to keep our many programs operating. For more information, please visit CDS's website or contact the Resource Development Coordinator at: (352) 244-0628 x 3865, or giving@cdsfl.org.

Contact Information

CDS Administration

Gainesville (352) 244-0628

Youth Shelters

24 Hour, Toll Free (800) 854-5377
 Interface Central, Gainesville (352) 244-0618
 Interface East, Palatka (386) 385-0405
 Interface Northwest, Lake City (386) 487-0190



Safe Place (352) 244-0618

Counseling Offices

Gainesville(352) 244-0628 x 3813
 Palatka (386) 385-0405
 Lake City (386) 487-0190
 Prevention (352) 244-0628



Youth Talk (352) 244-0666

“A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.”



Major support from: Florida Department of Juvenile Justice; Florida Network of Youth & Family Services; Florida Department of Children & Families; Partnership for Strong Families; U.S. Department of Health & Human Services; United Way of North Central Florida; United Way of Suwannee Valley; Individual Donations

CDS Family & Behavioral Health Services, Inc.



Drug-Free Communities Program

3615 SW 13th Street, Suite 4
 Gainesville, FL 32608
 (352) 244-0628 x 3813
www.cdsfl.org

Our facilities are accessible to persons with disabilities.



Drug Free Communities



- ♦ Drug Free Communities Program believes family cohesion is the key to success in changing adolescents' drug-related behaviors.
- ♦ Drug Free Communities has qualified staff trained in addictions and drug education.

- ♦ Drug Free Communities Program provides a continuum of services for drug-involved youth and their families, including individual, group and family counseling.
- ♦ Drug education is provided and tailored to the needs of the family.
- ♦ CDS, founder of Drug Free Communities, has been serving youth and their families for over 40 years.

Drug Free Communities Program

Voluntary Participation,
Drug Testing Available,
Services may be provided on
a sliding scale or free of charge

The Program

The Drug Free Communities Program targets youth and teens with alcohol, tobacco, and other drug related issues. This program provides intervention and treatment services to youth who are already using drugs, as well as prevention aimed to help older children at risk for future substance abuse.



Youth may refer themselves to this program or be referred by their school, parents, law enforcement, or by other community agencies.

The only requirement is that the youth is under 18 when he or she begins receiving our services.



Involvement with Drug Free Communities is completely voluntary. Families can withdraw from the program at any time. Involvement with Drug Free Communities can last anywhere between eight weeks to a year, depending on the youth's needs. Also, involvement can continue even after the 18th birthday.

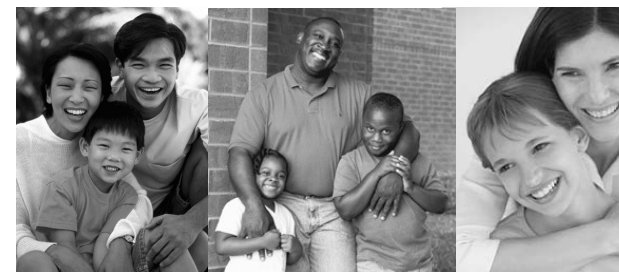
Once enrolled, a trained counselor works with the youth to overcome the obstacles he or she faces. This usually means providing individual and family counseling, and helping the young person learn to communicate in better ways. Drug Free Communities believes in a family-focused approach. Parents are given the opportunity to help their child make healthier life choices.



Is your son or daughter:

- ♦ Making poor choices or engaging in risky behaviors, including alcohol, tobacco, or other drug use?
- ♦ Suspended or expelled from school because of alcohol, tobacco, or other drug charges?
- ♦ Having other difficulties in school?
- ♦ Involved with the Department of Juvenile Justice?
- ♦ Chemically dependent?
- ♦ Ready to make changes regarding current substance involvement?

The Drug Free Communities Program may help!



Drug Free Communities Program

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